

Your Guide to Events in 2011

events

from **St Nicholas Hospice Care**
your *local* charity

every penny
makes a
difference

St Nicholas
Hospice Care

Hello

Events in aid of St Nicholas Hospice Care are a wonderful way to support us. This handy sized booklet contains some of the many coming up this year. There is something for everyone and we really hope that you come along to one or more of the wonderful activities and fun events on offer.

St Nicholas Hospice Care, your local Hospice, always needs your support but if you can do this by having fun - then we are all winners.

Have a read through and if you have any queries contact fundraising@stnh.org.uk or phone 01284 766133 and ask to speak to someone in the Fundraising Department. They are a friendly bunch and will gladly help with any enquiry you may have.

Thanks for your interest and support to date.

*every penny
makes a
difference*

St Nicholas
Hospice Care

A Registered Charity No. 287773



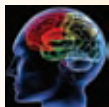
Charity Dance to Rinaldi Express

**Saturday 26 February
8.30pm - Midnight**

The Taste of China,
Birdbrook, nr Haverhill

Dance the night away to the sound of Rinaldi Express. £9.50 per ticket (including buffet). Tickets available from the Haverhill Hospice shop, High Street, Haverhill.

Contact: **David Rinaldi**
Email: **RPCS@Robnet.f9.co.uk**



Cash prizes and unique auction items. £5 per person, maximum five people per team. Food available £5 per head. Licensed bar.

Quiz Night and Auction

**Saturday 26 February
7.00pm – 10.00pm**

Haverhill Golf Club

Contact: **Ian Norris,**
Community Fundraiser
Tel: **01284 715581**
Email: **ian.norris@stnh.org.uk**

Pamper Evening

**Friday 4 March
7.00pm – 10.00pm**

The Newbury Centre,
St Olaves Road,
Bury St Edmunds

You will be able to enjoy the following taster sessions at special introductory prices: Manicure, Pedicure, Massage, Hot Stone Therapy, Facial, Gelish, Waxing, Makeovers inc Photography, Sienna Spray Tan and more. Book early to avoid disappointment. To finish the evening we will be having a raffle full of pamper goodies. Tickets £10 in advance, £12 on the door – including a glass of wine and a goody bag.

Contact: **Wendy Brinkworth**
Tel: **01284 719189** or **07501 348043**
Tickets also available from: Extraordinhair
Ridley Road, Bury St. Edmunds
Email: **wendymarston@hotmail.co.uk**



Sound of Bury Music Night

Friday 18 March

The LP Bar,
Bury St Edmunds

*See page 5 for a picture of
Ben in training!*

Come and celebrate St Patrick's Day and help our very own Hospice fundraiser Ben O'Hanlon raise money for his London Marathon campaign! A guaranteed night of fun and entertainment. Visit our website or contact Ben for more details.

Contact: **Ben O'Hanlon,
Trust Fundraiser**

Tel: **01284 715587 or
07917 859475**

Email: **ben.ohanlon@stnh.org.uk**

Show your support of St Nicholas Hospice Care during 2011 by joining the prestigious Corporate Supporters Club. For a one off company donation of £250, your business could enjoy many benefits such as a framed certificate, use of our logo, promotion in our 'News' magazine and on our website, invitation to a Networking lunch and addressing your Corporate Social Responsibilities. £250 could enable a patient to visit Orchard Day therapy to enjoy a day of relaxation in a social and supportive environment.



Corporate
Supporters Club

Launching March

Contact: **Abby Mayes, Corporate Fundraiser**

Tel: **01284 715597**

Email: **abby.mayes@stnh.org.uk**



Easter Bazaar

**Saturday 16 April
10.00am – 1.00pm**

Methodist Church Hall,
Camps Road, Haverhill

Cake stall, bric-a-brac,
homemade items, crafts
and refreshments.

Contact: **Ian Norris**

Tel: **01284 715581**

Email: **ian.norris@
stnh.org.uk**

Thetford Spring Pop up gardens

Until end of April

Thetford area

How does your garden grow? Between now and the end of April, we're asking gardeners in the Thetford area to open up their gardens while they look interesting in the spring. If you're expecting eye-catching snowdrops or daffodils to appear, or if your garden looks colourful even when not in the full bloom of summer, we would like you to get in touch. Those taking part will open their gardens to the public for four hours on a Sunday of their choice. Organisers just need two weeks' notice so they can advertise and arrange insurance.

Contact: **Liz Hodgson**
Tel: **01842 753872.**



*One of the participants Ben O'Hanlon
in training*

Virgin London Marathon

Sunday 17 April

Through the streets
of London

Seven brave runners will be testing their courage and fitness in this year's event on behalf of St Nicholas Hospice Care. If you are asked to sponsor any of the runners please do, they need your support. Good Luck to the Hospice Dream Team!



'Wills and Kate' invite you to share in their celebrations in aid of St Nicholas Hospice Care. Why not put on your own party to help celebrate the Royal Wedding? A street party, house party, cake sale, donation to watch the wedding at a friend's house.... whatever you like to have fun and raise some vital funds for the Hospice. Go on, do Queen and country proud! Please get in touch and let us know what you are doing.

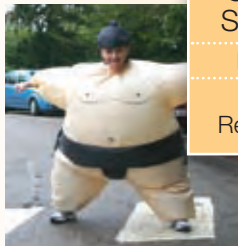
A Right Royal Knees Up

Friday 29 April

In your own street,
pub, house etc

Contact: **Sue Long, Community Fundraiser**
Email: **fundraising@stnh.org.uk**

Tel: **01284 747612**



Organiser Jenny models one of the fun inflatable sumo suits

Give it Large – Sumo Fun Run

Monday 2 May

Haverhill
Recreation Ground

An exciting fun waddle/ run suitable for everyone to take part. All runners will wear inflatable sumo suits! £20 non refundable entry fee and then only £80 minimum sponsorship.

Contact: **Jenny Baskett,**
Events and Challenges Fundraiser
Tel: **01284 715583**
Email: **jenny.baskett@stnh.org.uk**

Anne Furbank Grand Sale

**Look out for confirmed
date in local press or
on our website**

Anne Furbank,
29 High St, Newmarket

Anne Furbank will be holding a 'Sale Day' at their Newmarket shop. Stock from previous season's collections will be sold at ridiculously low prices in aid of St Nicholas Hospice Care. Last year the event raised £5000 for the Hospice!

Contact: **contact@annefurbank.co.uk**
Tel: **01638 668031**



The Great Wine Tasting Challenge

Friday 6 May

Unitarian Meeting House,
Churchgate Street,
Bury St Edmunds

The twelfth annual wine tasting challenge held by The Beckett Group. £200 per team (up to four people) including a two course meal. A wonderful, fun and educational evening for all.

Contact: **Stephanie Swales**
Tel: **01284 773769**
Email: **stephanie.swales@uk-gi.co.uk**

St Nicholas Hospice Care Special Events Committee Race Evening

Thursday 12 May

Rowley Mile Race Course,
Newmarket

Following on from the success of the last two years, we are pleased to be able to invite you to the third St Nicholas Hospice Care Race Evening at Newmarket's Rowley Mile course. The prestigious event, organised by the Hospice's Special Events Committee, will contain six races which have all been sponsored by local businesses/individuals. To be part of this very special evening, or for more information please contact the Fundraising Department.

Contact: **Fundraising Department**
Tel: **01284 715597**
or **01284 715595**
Email: **fundraising@stnh.org.uk**



Street Collection

Saturday 21 May

Bury St. Edmunds
Town Centre

Volunteers needed for our twice yearly collection. If you have a dog and would like to help with collecting money for the Hospice please come along. You and your four legged friend can join Alfie who took part with owner Jo Sweetman at our last Christmas collection and proved to be a real winner with our supporters.

Contact: **Sue Long, Community Fundraiser**

Tel: **01284 715 567**

Email: **susan.long@stnh.org.uk**

Haverhill Chamber of Commerce Business Awards

Saturday 14 May

Chilford Hall, Linton

A black tie event starting at 7pm with a drinks reception and a three-course meal with wine.

Hosted by BBC TV Apprentice star Claire Young. Claire will speak about her passion for promoting entrepreneurship to our younger generation. This is a great chance to meet other businesses from the area and let your hair down while celebrating the achievements of local firms. All proceeds to St Nicholas Hospice Care. Tickets cost £75 (incl VAT) per person. The 2008 awards were a sell-out so do not miss your chance to attend.

Contact: **Kim Brown at Boleyn Events**

Tel: **01473 712330**

Email: **kim@boleyn-events.com**

Dying Matters Awareness Week

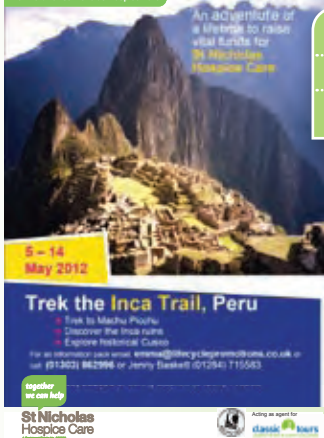
16 May- 22 May

A special national campaign week organised by the Dying Matters Coalition that asks people in their local communities to generate awareness of issues around death, dying and bereavement. Keep an eye out in the press and on our website for details on how St Nicholas Hospice Care is taking part. Or go to www.dyingmatters.org/

**Dying
Matters**

*Let's talk
about it*

Trek Peru for St Nicholas Hospice Care



An adventure of a lifetime to raise vital funds for St Nicholas Hospice Care

5 - 14 May 2012

Trek the Inca Trail, Peru

- Trek to Machu Picchu
- Discover the Inca ruins
- Explore historical Cuzco

For an information pack email: emma@stnicolashospicecare.org.uk or call: (01284) 862596 or Jenny Baskett (01284) 715583

together we can help

St Nicholas Hospice Care

Acting as agent for classic hours

Peru Trek

5-14 May 2012

Peru!

Trek the incredible Inca Trail, discover the Inca civilization and explore the ancient site of Machu Picchu. A once in a lifetime opportunity taking place next year. Sign up now to give yourself plenty of time to reach your fundraising target.

Contact: **Jenny Baskett, Events and Challenges Fundraiser**
Tel: **01284 715583**
Email: **jennybaskett@stnh.org.uk**

The Towergate Accumulator Challenge

June - September

West Suffolk and Thetford



Following on from last years success, businesses across West Suffolk and Thetford are being challenged to turn a crisp £50 note into as much money as possible towards the work of St Nicholas Hospice Care. Prizes will be awarded to 'Top Fundraiser', 'Most Innovative Idea' and more.

Contact: **Abby Mayes, Corporate Fundraiser**
Tel: **01284 715597/07866 913036**
Email: **abby.mayes@stnh.org.uk**



Lakenheath Lions Bikers

Saturday 4 June

Various hospices
in the local region

This is a yearly sponsored ride around all hospices in the region. The local bikers call in to St Nicholas Hospice Care on one of their refreshments stops. They take the time to talk to patients and friends and show off their beautiful bikes. If you see them roaring past please give them a wave.

Contact: **Linda Carris**
Tel: **01842 862 279**

Wills Weeks

'You can't take it with you'

8 June - 29 June

Towns in our area

Throughout June many local solicitors will draw up a will for a suitable donation to St Nicholas Hospice Care instead of taking a fee. Take advantage of this opportunity to get your affairs in order and help the Hospice too. Book early with one of the solicitors taking part to avoid disappointment. A list of all participating

solicitors will be published on our website (www.stnicholashospice.org.uk) nearer the time or please phone below.

Contact: **Margaret Lee, Legacy Promotions Officer**
Tel: **01284 755000** Email: **margaret.lee@stnh.org.uk**

Can you spare just one hour to help St Nicholas Hospice Care? We always need collectors – every penny makes a difference.

Contact: **Ian Norris**
Tel: **01284 715581**
Email: **ian.norris@stnh.org.uk**

Sudbury Street Collection

Saturday 11 June
9.00am – 3.00pm

Sudbury Town Centre

*St Peters Church,
Sudbury*



St Edmunds Wheel Cycle Ride

Sunday 12 June

Abbey Gardens,
Bury St Edmunds

Sign up to take part in this annual and well loved sponsored cycle ride around Bury St Edmunds and surrounding area. Other activities also taking place include a fun run and historic walks. A great day out for all.

Tel: **01284 761837**

**[www.onesuffolk.co.uk/
StEdmundsWheelTrust](http://www.onesuffolk.co.uk/StEdmundsWheelTrust)**



Euston Rural Pastimes

Sunday 12 June

At Euston Park
on A1088 between
Thetford and Ixworth
(Satnav IP24 2QL)

The 20th anniversary of this traditional and popular family country fair. Country themed exhibitions, displays, stalls, food, bar and live music. Come and visit this lovely country fair. See the sheep dogs and heavy horses. £7 per person, under 12s £1. Dogs very welcome. Gates open 10am- 6pm.

Tel: **01359 268923** or go to
www.eustonstrurialpastimes.org.uk





Hidden Gardens in Bury St Edmunds

Sunday 19 June

Bury St Edmunds
Town Centre

25th year of this wonderful event, where 30 plus gardens are opened up to the general public. Come and visit some of the most beautiful hidden green spaces in Bury St Edmunds. Refreshments are offered and some gardens host plant stalls also. More than 2000 people enjoy this event every year. Kindly sponsored by Ashton Graham, Lacy Scott and Knight and Anglia Labels.

Contact: **Isobel Ashton**

Tel: **Tourist Information Centre on
01284 764667, and 01284 754993**

Email: **isobel.ashton@btinternet.com**



Thetford Open Gardens

Saturday 25 June

Thetford Town centre

This is the 5th anniversary of this wonderful event. Come and spend the day visiting some of the most beautiful gardens in the area. Refreshments, plants for sale and more on offer throughout the day! A lovely way to support St Nicholas Hospice Care.

Contact: **Liz Hodgson**

Tel: **01842 753 872**

Teams of four. Cost per team £140. Coffee and bacon roll on arrival, refreshments on course, two course meal. Longest Drives, nearest the pin and more! Auction to include a special prize of accommodation in Madeira or Portugal.

Contact: **Robert Honeywood & Joy Wood**

Tel: **01359 232 864/01359 242 697**

Email: **honeywoodrobert@yahoo.co.uk
j.82wood@btinternet.com**



Charity Golf Day

Thursday 30 June

Stowmarket Golf Club



A very special
music event

Sunday 3 July

Bury St Edmunds
Cathedral

The Hospice Special Events Committee is hosting a very special Sunday mid summer music event in the stunning Bury St Edmunds Cathedral. Featuring music from the Suffolk Youth Orchestra. More details to follow soon. Not to be missed!

Contact: **Kevin Clements,**
Partnerships
Fundraising Manager
Tel: **01284 715597** or
01284 715595
Email: **fundraising@stnh.org.uk**

Last year thousands of people flocked to the inaugural Classic and Sports Cars by the Lake event at Hall Farm in Fornham St Martin to see more than 140 pre-war, post-war and modern classic cars. It was such a successful event that the Hospice's Special Events Committee are hosting this lovely family day out once again. And this year promises to be even better! In addition to the array of pristine cars exhibited in a beautiful lakeside setting other highlights included craft stalls, live music, delicious food and beverages by well-known local suppliers and children's activities.



Classic and Sports
Cars by the lake

Sunday 11 September

Hall Farm,
Fornham St Martin

Contact: For general enquiries contact **Gina Long** on **07766 011844** or email **gina@proactivemediapr.com** or if you would like to exhibit a car please contact **Karen Ridgeon** on **07830 468228** or email **karen.ridgeon@btinternet.com** or go to **www.classicsportscarsbythelake.co.uk**

Third Annual
GIRLS NIGHT OUT
The big one!

Saturday 17 September

Angel Hill,
Bury St Edmunds

Girls in PJs walking through the streets of Bury. Great fun, great camaraderie, and a great way to raise money for the Hospice. Come and join hundreds of other ladies for an evening of unforgettable girl power. And this year we are introducing a second new shorter route of seven miles so everyone can take part! Well loved Anglia News presenter Becky Jago will be supporting the event.

Contact: **Jenny Baskett,**
Events and Challenges Fund Raiser
Tel: **01284 715583**
Email: **jennybaskett@stnh.org.uk**



News magazine,
Christmas card
catalogue and festive
draw tickets available

Early October

Through your letterbox

Our popular 16 page newsletter will be dropping through your doors. Packed with interesting stories from inside the Hospice, and ways for you to get involved. It also includes our well received Christmas draw tickets and our Christmas card catalogue. Help the Hospice by purchasing your Christmas cards from us. *(We also have e-cards available. A green but still very festive way of sending your greetings.)*

Contact: **Yasmin Jeffery,**
Head of Marketing
Tel: **01284 715584**
Email: **yasmin.jeffery@stnh.org.uk**



Autumn and Craft Fayre

Saturday 22 October
9.00am – 1.00pm

Whepstead Community Centre,
Whepstead, Bury St Edmunds

A slightly earlier date for this popular event, organized by the local Baptist Church. Cakes, preserves, cards, gifts and refreshments with a variety of craft stalls. To book a pitch contact Jenny Botting on the number above. Only £5 per pre-booked table.

Contact: **Jenny Botting**
Tel: **01284 735396**
Email: **jennybotting@tiscali.co.uk**



Cake stall, bric-a-brac,
homemade items and crafts.
Gorgeous children's choir too.

Contact: **Ian Norris,**
Community Fund Raiser
Tel: **01284 715581**
Email: **ian.norris@stnh.org.uk**

Christmas Bazaar

Saturday 12 November
10.00am – 1.00pm

Methodist Church Hall,
Camps Road, Haverhill

Street Collection

Saturday 26 November


Bury St Edmunds
Town Centre

Can you spare an hour
to collect on behalf of the
Hospice? If you have a
dog you are most welcome
to bring them along too.
Every penny counts and we
need as many volunteers as



possible to help us raise as much money as possible.

Contact: **Sue Long, Community Fundraiser**
Tel: **01284 715567**
Email: **susan.long@stnh.org.uk**



Light up a Life remembrance ceremonies and services

From end of November - mid December

Churches throughout West Suffolk

Including St Mary's Church, Bury St Edmunds on 11 December (tbc) before a candlelit procession to Angel Hill for the reading of the names. Special and moving events that offer people the opportunity to mark the death of loved ones by the reading of names and lighting of candles on Christmas trees. Information on how you can take part will be available from October.

Contact: **Jennie Unitt, Administrator
Family Support & Chaplaincy**

Tel: **01284 766133**

*Last year's remembrance event
on Angel Hill, Bury St Edmunds*

Saint Nicholas Day

Tuesday 6 December

Saint Nicholas, who was born during the third century in the village of Patara. Obeying Jesus' words to "sell what you own and give the money to the poor,"

Nicholas used his whole inheritance to assist the needy, the sick, and the suffering. The anniversary of his death became a day of celebration, Saint Nicholas Day. As our namesake the Hospice will again mark this special day. Details of how you can get involved will be publicised in the near future.

Santa's Hospice Jingle

Friday 9 December

All over the area



Santa's Hospice Jingle is a festive fundraising event which asks people to dress up in a Santa suit and collect donations from friends, colleagues, neighbours, relatives, community groups and customers. Hence the jingle! It is only £5 to register and you will be given a Santa suit for you to keep, a collecting bucket and an identity badge. The event is open to everyone and anyone, all ages and backgrounds. Perhaps you'd like to grab a friend or round up your work colleagues and do it together! Great fun guaranteed.

Contact: **Hospice Fundraising Department**
Tel: **01284 715597 or 01284 715595**
Email: **fundraising@stnh.org.uk**



Sudbury Christmas Street Collection

Saturday 10 December
9.00am – 3.00pm

Sudbury Town Centre

Can you spare just one hour to help St Nicholas Hospice Care? We always need collectors – Please sign up early. Every penny makes a difference.

Contact: **ian Norris**
Tel: **01284 715581**
Email: **ian.norris@stnh.org.uk**

St Nicholas Hospice Care Lottery

Throughout the
whole year

Everyone's a winner. Join our weekly lottery. The fun way to support the Hospice. The draw takes place every week on a Friday. And with 69 prizes to win, it won't be long before you strike it lucky! For more information contact below or sign up online at www.stnicholashospice.org.uk

Contact: **Caroline Tatum, Lottery Officer**

Tel: **01284 755000**

Email: caroline.tatum@stnh.org.uk



Lottery Scratch Cards

Throughout the
whole year

Make sure your wedding
is up to scratch

These only cost £1.00 each and you could win a top prize of £1000. Look out for them at the Hospice, in other outlets and at various events in the area. They

make great wedding favours!

Contact: **Caroline Tatum, Lottery Officer**

Tel: **01284 755000**

Email: caroline.tatum@stnh.org.uk

Looking for an unusual gift? Why not send a subscription to our Lottery gift voucher. These vouchers can be bought for 10, 13, 26 or 52 weeks and will give someone the chance of winning up to £1000.

Lottery Gifts

Throughout the
whole year

Contact: **Caroline Tatum, Lottery Officer**

Tel: **01284 755000**

Email: caroline.tatum@stnh.org.uk

Up and Coming...



Family Memory Walk

A charming, laid back Sunday Memory Walk that all your family and friends will be welcome to take part in. What better way to pay tribute and remember someone than to embark on a peaceful, healthy walk with your loved ones and help support your local Hospice? Date to be confirmed but keep an eye out in the local press for more details.

Due to the success of last year's event at The Bush Inn, Shimpling, pubs in the region are gearing up to host their own fun and fiery firewalk events. More details will be publicised in the near future.



Firewalks

Events at a glance

The Sound of Bury Music Night

Friday 18 March, The LP Bar, Bury St Edmunds



A Right Royal Knees Up

Friday 29 April, In your own street, pub, house etc.

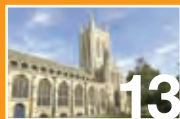
Give it Large – Sumo Fun Run

Monday 2 May, Haverhill Recreation Ground



10 Wills Week - 'You can't take it with you'

8 June - 29 June, Towns in our area.



A Very Special Music Event

Sunday 3 July, Bury St Edmunds Cathedral

Third Annual Girls Night Out
- The big one!

Saturday 17 September, Angel Hill,
Bury St Edmunds



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makes a
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St Nicholas Hospice Care,

Hardwick Lane, Bury St Edmunds,
Suffolk IP33 2QY

St Nicholas Hospice (Suffolk) Ltd.

A Registered Charity No 287773

**St Nicholas
Hospice Care**

Email: fundraising@stnh.org.uk

Telephone: **+44 (0)1284 766133**

Web: www.stnicholashospice.org.uk