

Your Guide to Events in 2012

events

from **St Nicholas Hospice Care**
your *local* charity

every penny
makes a
difference

St Nicholas
Hospice Care

Welcome to 2012!

We are very excited about the forthcoming year and hope that you are too.

Within this brilliant little book are lots of fantastic and fun events, all of which support St Nicholas Hospice Care. The variety of events on offer (organised by both the Hospice and supporters in the community) makes us certain that you will find something to tickle your taste buds whether you're a fashionista, gardener, comedy fan, wine lover, golfer or even a man in pants! (see page 17)

We even have so many events planned this year that we've had to split this book into two six month editions. Look out for part two which will be circulated at the end of July.

Thanks for everything you've done for St Nicholas Hospice Care in the past and hopefully we'll see you at an event in the near future. Let's make 2012 the best year yet for the Hospice.

With Kind Regards
St Nicholas Hospice Care

*every penny
makes a
difference*

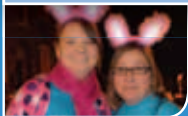
St Nicholas
Hospice Care

A Registered Charity No. 287773

Girls Night Out 2012

15 September 2012

Registration is
now open



Our biggest girls only event is back for its fourth year. Lots planned to entertain and delight all walkers en route. Grab your mum, sisters, friends and show the town what girl power really means.

fundraising@
stnh.org.uk
01284 766133



Art Exhibition

**Friday 13 January -
Saturday 21 January**

Free entry

The Hunter Gallery,
Long Melford

Eight of Britain's top new artists exhibit some of their pictures at this very exclusive exhibition. 5% of sales come to St Nicholas Hospice Care, together with proceeds from the exclusive previews.

Community Fundraiser
fundraising@stnh.org.uk
01284 766133



Volunteering
makes you happy

January – December

Volunteer Centre



Volunteering makes you healthier, happier and leads to greater life satisfaction. Why not make 2012 the year you volunteer for the Hospice, and let us put a smile on your face. Look out for our volunteering 'happy' campaign launching in January.

volunteersdept@stnh.org.uk · 01284 766418



Burns Night
Dinner Dance

Saturday 21 January

£20

Alpheton Hall Barns
Alpheton,
nr Bury St Edmunds



A traditional celebration of the greatest Scottish poet of them all. Expect haggis, whisky and plenty of Scottish dancing to 'Scotch Mist'.

Nic Willcocks
burns@alphetonhall.co.uk
01284 830200

Ipswich Town Football Club VIP Experience Day

January

01284 715587



We've teamed up with Ipswich Town Football Club and other local hospices to bring you a money-can't-buy experience package. Win a pair of VIP tickets to Ipswich Town v Bristol City on Saturday 3 March. Enjoy the match from the comfort of a corporate box, with a three course meal and a tour of the ground. There will also be a pitchside photo and the opportunity to meet some Town legends. Please see our website for further information on how to get your hands on the prize www.stnicholashospicecare.org.uk



Host Your Own Dinner Party

Anytime

Your home

Dinner4Good

This idea is beautifully simple - raise money by having your friends round for dinner. Anyone can do it, those donating get to enjoy the event itself and the money is raised by doing something everyone might have done anyway. So get your friends round for supper and have a good time for us!

Community Fundraiser
fundraising@stnh.org.uk · 01284 766133
www.dinner4good.com/
 StNicholasHospice

Haverhill Comedy Festival

23-25 March 2012

The Arts Centre,
Haverhill



Our first three-day comedy festival of fun for all the family, featuring an Open Mic Night, a family comedian, entertainment and Monkey Nuts comedy club. Sponsored by International Flavours and Fragrances.

Box Office 01440 714140
haverhillartscentre.co.uk

IFF International Flavours & Fragrances Inc.

Exciting new digital campaign using a video to dispel common myths of the Hospice. The campaign is designed to trigger £10 donations (which will be the cost to run our Hospice for one minute). Will you give us a minute and get involved?

www.stnicholashospicecare.org.uk
 Facebook/Twitter



Give us a minute

**Can you spare us a
minute?**

fashion FUSION

Fashion Fusion

20 April 2012

£13.50

The Apex,
Bury St Edmunds

The second Fashion Fusion event which last year attracted an audience of hundreds and over 50 retailers. Be part of this fashion extravaganza!

Julie Warren,
Development Manager
marketing@theapex.co.uk
01284 758000
www.theapex.co.uk.





London Marathon 2012

22 April 2012

Probably the world's most prestigious marathon, we have five bond places, and hope that other runners who already have a place of their own will raise money for St Nicholas Hospice Care.

Events and Challenges Fundraiser
fundraising@stnh.or.uk
01284 766133



The Great Wine Tasting Challenge

11 May 2012

£220 for a team of four

Unitarian
Meeting House
Bury St Edmunds

The thirteenth annual wine tasting challenge held by The Beckett Group. Teams of four people including a two course meal. A wonderful, fun and educational evening for all!

Stephanie Swales · stephanie.swales@uk-gi.co.uk · 01284 773769

St Nicholas Hospice Care Special Events Committee Race Evening

Thursday 17 May 2012

Newmarket Rowley
Mile Race Course



Following on from last year's incredible event, we are delighted to announce that the Special Events Committee will once again be organising the 2012 St Nicholas Hospice Care Race Night. The prestigious event will contain six races which have all been sponsored by local businesses and individuals. A wonderful start to the summer season.

Corporate Fundraiser · fundraising@stnh.org.uk · 01284 766133

Fashion Show

3 June 2012

The West Wing,
Ickworth

A wonderful showcase of local independent fashion with sit down meal and shopping. Great event for the fashionistas amongst you.

Sharon Ridgeon
sharon.ridgeon@natwest.com
01284 705940



The 2012 Towergate Accumulator Challenge

Launched on 7 June

Businesses across West Suffolk and Thetford are once again being challenged to turn a crisp £50 note into as much money as possible towards the work of St Nicholas Hospice Care. Prizes awarded for Most Innovative Idea, Teamwork, Effort and the biggy... Most Amount of Money Raised.

Corporate Fundraiser
fundraising@stnh.org.uk · 01284 766133

Two Venues - Abbey Gardens, or the Rugby Ground, Bury St Edmunds.

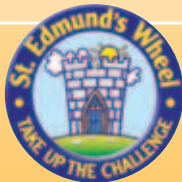
Cyclists have a choice of four routes 100 miles, 50 miles, 25 miles and 15 mile routes. Refreshment on all routes. **Walkers** have a choice of 44k/26miles, 25k/15miles or 10k/6miles guided Blue Badge Walk. **Runners** routes 44k/26 miles or 25k/15 miles. All entry donations and sponsorship goes to charity.

For all times and information go to www.stedmundswheel.org.uk

St Edmunds Wheel Walk. Run. Cycle.

10 June 2011

One Day, Two Venues,
Three Events



Registered Charity No. 1101763

21st Euston Rural Pastimes

10 June 2012

Euston Park
Euston Park, Thetford

Adults £8.00 under 12's £4.00 under 5's free. A charming summer day out for all the family. Traditional and modern crafts and pastimes set in the beautiful Euston Estate. See the sheep and horses and famous motorcycle display troupe. Dogs welcome.

Community Fundraiser
fundraising@stnh.org.uk
01284 715567
www.eustonruralpastimes.org.uk



Ynysowen Male Choir

Date tbc

St Mary's Church,
Cavendish

The return of this much-loved choir to the beautiful surrounding of Cavendish Church. Ynysowen Male Choir is from the Rhondda Valley, and these magnificent concerts are always incredibly popular. Refreshments will be served and a raffle will be held.

Brian Kemp
01787 282145



Wills Weeks in June

Throughout June

Across West Suffolk

Throughout the month local solicitors will draw up a will for a suitable donation to the Hospice instead of taking a fee. Book early from the list of participating solicitors advertised on our website nearer the time. Or contact the Hospice to make further enquiries.



Legacy Officer
legacy@stnh.org.uk
01284 755000

Hidden Gardens in Bury St. Edmunds

**17 June 2012
11am- 5pm.**

The greatest gift of the garden is the restoration of the five senses. HANNA RION

Come and see some of the most beautiful hidden gardens in Bury St Edmunds, with new gardens added for your pleasure this year. A gorgeous way to spend a Sunday afternoon. Now in its 26th year. Sponsored by Duttons Estate Agents and Gross and Co solicitors. Admission by programme in advance from the Tourist Information Office and on the day from 10.30am from the Angel Hill, Bury St Edmunds. Suggested donation of £5.00.

Community Fundraiser
fundraising@stnh.org.uk · 01284 766133

If you can only do one thing to support the Hospice this year, why not enter this brilliant draw, you support us and give yourself the chance to win £1000.

Lottery Officer
lottery@stnh.org.uk
01284 755000

Midsummer Draw

21 June

£10 a book £1 a ticket



Thetford Open Gardens

24 June 2012

£5.00 entry

Thetford and Croxton

Plants give us oxygen for the lungs and for the soul. LINDA SOLEGATO

Spend a lovely day visiting some of the most beautiful gardens in the area. Feel your troubles seep away as you enjoy the gorgeous hidden garden spaces.

Community Fundraising
fundraising@stnh.org.uk · 01284 766133

Paddle for Pounds

24 June 2012

Lackford Sailing Club,
 Lackford Lakes, West Stow,
 Bury St Edmunds

Fun on the water for all... more details to follow.

Events and Challenges Fundraiser
fundraising@stnh.org.uk
 01284 715583

Kilveston Open Garden

1 July 2012

Kylverston House,
Thetford

Lady Fisher's beautiful walled garden will be shared with visitors. A gorgeous day out for all.

Community Fundraiser
fundraiser@stnh.org.uk
01284 715567



Melford Rally Tractor Road Run

7 July 2012

Melford Hall,
Long Melford

Join the many tractor drivers on a road run and at the same time, help raise money for St Nicholas Hospice Care.

The run leaves the site of the Farm Machinery Preservation Society Rally at 5pm and is expected to be about 15 miles. Free to watch and great fun.

Tom Hunt · 01284 810160 · fundraising@stnh.org.uk

HSBC Ride Out

12 July 2012

Across Suffolk

Get your motorbikes at the ready! HSBC will be 'riding out' in aid of St Nicholas Hospice Care, finishing at the coast for Fish and Chips!

Carl Crame/Sam Hards
carl.crame@hsbc.com
08455 852251



ASDA Bury
St Edmunds
Community Conga

29 July 2012



Do do do.... Come and join the conga! Sponsored Community conga starting at ASDA. Join in with the fun! £4 per person, £12 for team of 4. Special discounts for large groups.

Chris Holmes/Michelle Nobbs
cptheboy@hotmail.com · 01284 733500 Ext 206

Loads of pants
(Sponsored walk
with a difference!)

Summer 2012

Nowton Park,
Bury St Edmunds

Sponsored walk with a difference! This is for men in their pants... more details to be confirmed soon.

Events and Challenges Fundraiser
fundraising @stnh.or.uk
01284 715583



Haverhill Charity Golf Classic

Saturday 8 September

Haverhill Golf Club,
Haverhill

18 hole pairs better ball stableford. Active handicaps required (inactive handicaps can take part but are not eligible to win prizes). Event open to Haverhill and other Golf Club Members. Enter in pairs (you can choose to play with another pair). Buffet Raffle 1st, 2nd and 3rd team prizes. Nearest the pin/double your money. Putting competition.



Karen Wilby
haverhillgolf@
coupalsroad.eclipse.co.uk
01440 761951



Sumo Race

Sunday 29 July (tbc)

The Recreation Ground,
Haverhill

After the madness of last year's race, another chance to do something daft for St Nicholas Hospice Care. This year the race will be part of Haverhill's Big Bash family day out. Get training! Only £15 (includes Sumo Suit!).

Community Fundraiser
fundraising@stnh.org.uk
01284 766133

An enjoyable afternoon of lunch and shopping in a beautiful environment.

Bridget Alexander
 bridgetalexander6@hotmail.com
 01284 749009

Lunch at West Wing

2 October 2012

West Wing,
 Ickworth Park,
 Nr Bury St. Edmunds

Staged by the Sudbury Dramatic Society, one of the first amateur productions of Tim Firth's heartwarming comedy. This moving, but very funny play is a great evening out for girls and guys! Gala opening night 12 October, matinees available 13 and 20 October. Watch out for a Sudbury Calendar Girls calendar on sale from September 2012.

Sue Clark
 boxoffice@quaytheatre.org.uk
 01787 374745

Calendar Girls

12-20 October 2012

Quay Theatre, Sudbury



Calendar
 Girls

St Nicholas Hospice Care works alongside local people and their families to enable them to live well with their dying. We offer support in all aspects of living with an incurable disease, both medically and psychologically as well as offering advice with benefits and other social needs.

We support communities and families to support each other and influence the practice of good care for the dying.

We want to work alongside as many people as possible who are living with dying. You don't have to be in the final stages of life to receive our support, you may have just received a diagnosis or you may have been living with dying for a while. You may want lots of support or may just want a cup of tea with someone who understands.

Please get in touch if you feel we can help you or someone you know. We want to be there for you and your family, whoever you are and for whatever you are going through.

For more information please contact **01284 702525** or email **dayhospice@stnh.org.uk** or go to **www.stnicholashospicecare.org.uk**

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**St Nicholas
Hospice Care**

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A Registered Charity No 287773

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